

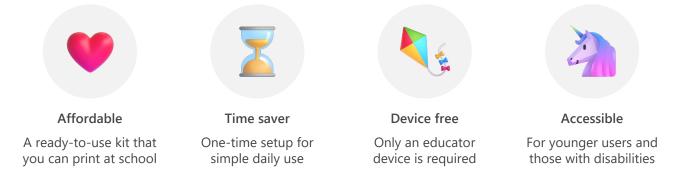
Microsoft Reflect - Emotion Board Kit

Create space for emotions in your classroom - literally!



The Emotion Board is a Social-Emotional Learning (SEL) activity your students will love. It is a physical board that adapts Reflect for classrooms with young students or without student devices.

Once the board is set up, students can share how they feel during a lesson, every morning, or at the end of each day by placing their card in the emotional category they relate to. When students are done, capture their responses using the Reflect app on your mobile device to collect responses and gain valuable insights into their well-being.



Please note: To use the Emotion Board, both the emotion cards and student animal cards must be in English and cannot be translated. However, you can use these cards with any Teams or Reflect interface language.

Building an Emotion Board made easy: simple and creative ideas for every classroom



















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Get started with the Emotion Board

One-time setup

Build an Emotion Board in your classroom



Print pages 3-8 in this file. On pages 8-9, you can find optional decorative elements for printing.



Cut the cards along the marked lines

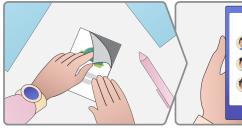


Arrange the emotion cards on a board or wall



The Emotion Board is all set up

Assign a card to each of your students



Prepare the animal cards by using Velcro, magnets, etc..

Review and assign the animal images to your students



Hand an animal card to each student

Your students are ready to share their emotions

Ongoing use

Students share their emotions



Have students place their assigned cards on the board to reflect how they feel

The Emotion Board is ready to be scanned

How are you feeling today

Scan the board with your device to gain insights



Navigate to Reflect app in your device to collect responses



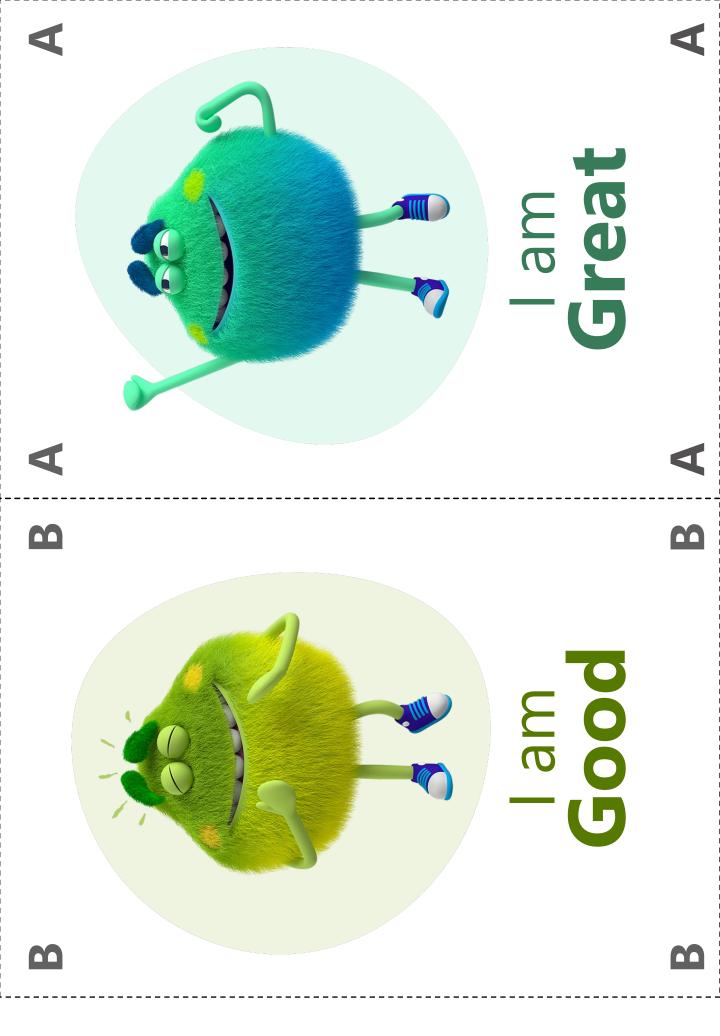
Capture a clear picture of the board, ensure card visibility

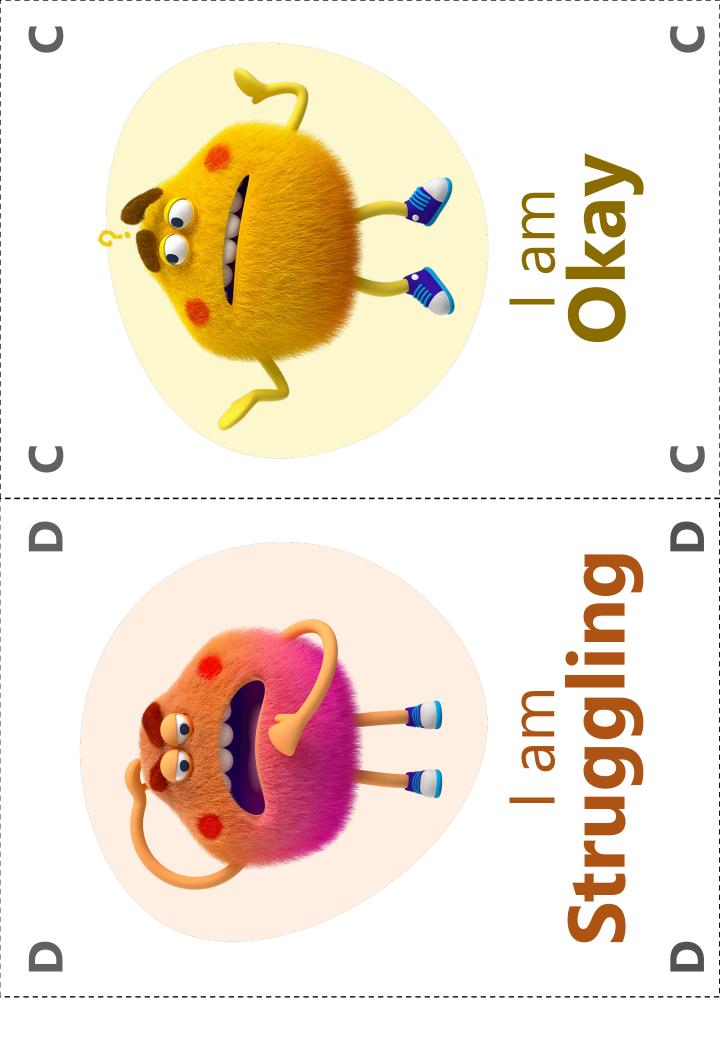


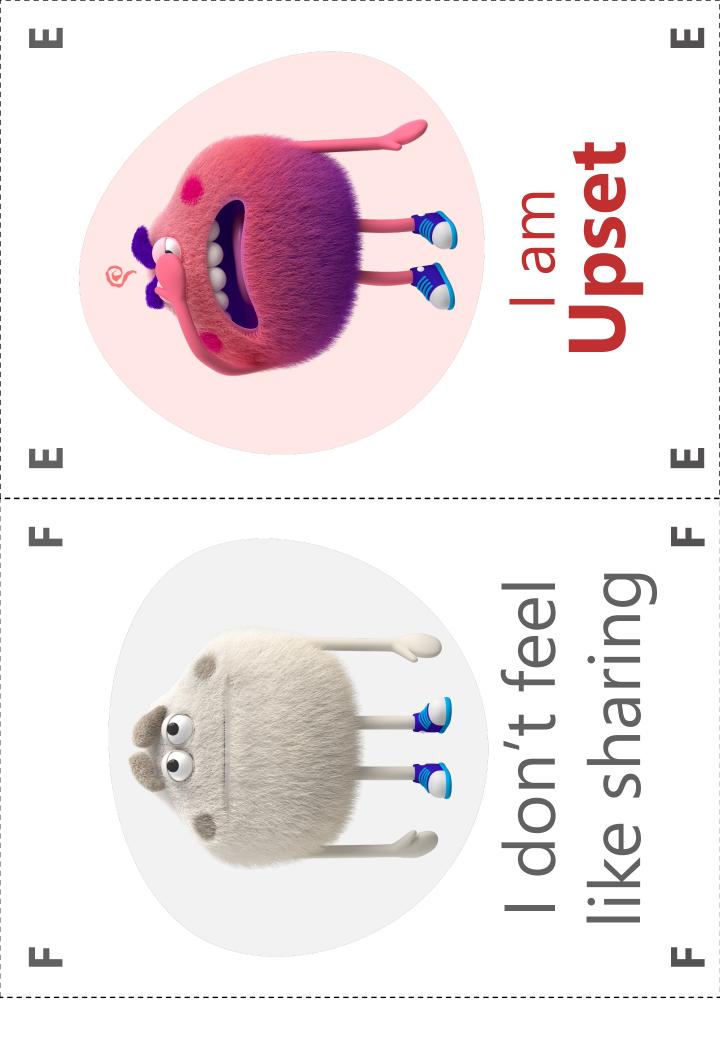
Confirm the scanning results



Explore trends and gain insights

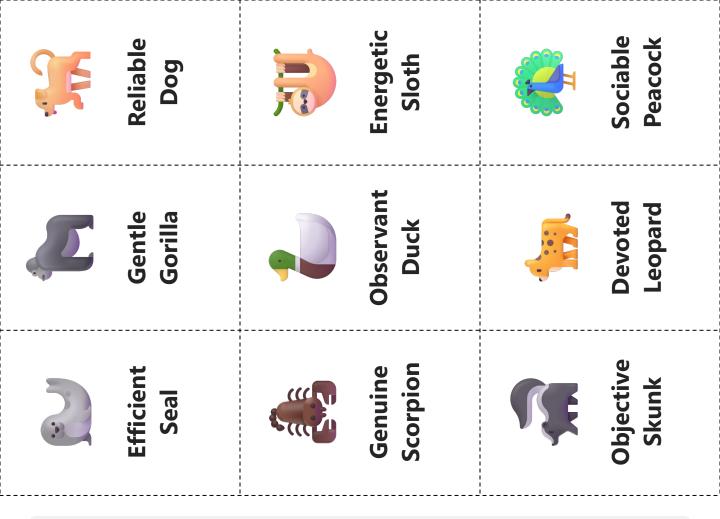






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|-----------|-----------|-----------|----------|------------|-----------|
| Focused | Eager | Brilliant | Vivid | Thoughtful | Tenacious |
| Tiger | Shark | Monkey | Flamingo | Octopus | Turtle |
| | | X | | | |
| Creative | Wise | Assertive | Nice | Friendly | Brave |
| Horse | Crocodile | Ladybug | Giraffe | Rex | Butterfly |
| | | | | | |
| Organized | Flexible | Skillful | Kind | Powerful | Dynamic |
| Zebra | Owl | Snail | Penguin | Parrot | Bee |

| Honest Dolphin | b it | Polite Eagle | 5 | Imaginative Hippo |
|-------------------------|-------------|-----------------------|---|----------------------|
| Considerate Bird | ¥, | Generous Deer | | Witty Beaver |
| Encouraging Hedgehog | | Courageous Sheep | | Dazzling Fish |
| Charming Swan | | Dependable Cat | | Insightful Dodo |
| Impressive Otter | Ş | Inventive Kangaroo | | Adept Chipmunk |
| Inspiring Rabbit | , | Playful Camel | | Quick Elephant |



Optional decorative elements for your Emotion Board





feeling How are you today?